

Courses 2025/26

The course modules are designed for exercise and sports professionals for all genders and ages. The units are led by trained Burner Motion instructors. All courses modules can be customized in consultation with the provider. No specific prior knowledge is required - all kinds of experts with pedagogic background welcome.



BURNER GAMES - Small Games with a Huge Fun Factor

Burner Games will chase even the biggest couch potato out of their comfort zone. They are attractive, easy to lead and very integrative - the focus is always on the joy of movement and a positive team experience for everyone. Individual program on request.

Basic literature: Burner Games, Volumes 1-6. M. Sutter, Hofmann Schorndorf Publishing



DONUT HOCKEY - Hockey Fun for Everyone!

This attractive hockey game brings action, intensity and a wealth of variations. Beginners can join in short time, so that even in heterogeneous learning groups a great playing atmosphere is immediately created in which everyone feeling comfortable.

Basic literature: Donut Hockey, M. Sutter, Hofmann Schorndorf Publishing



BURNER GLADIATORS - Small fights for big warriors

Small fighting games and playful fights, 1 vs. 1 and in teams, with and without equipment, developed by German MMA expert Andreas Güttner. The tried-and-tested game ideas for fun action and social learning can be implemented without prior knowledge.

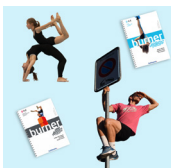
Basic literature: Burner Gladiators. A. Güttner, Hofmann Schorndorf Publishing



BURNER SPEED GAMES - Sports games easy done

Ideas for a playful and efficient approach to sports games. All learning objectives are packaged in game forms - so every learning step is fun, and skills learned are immediately tested and consolidated in variations of application.

Basic literature: 3-2-1 Goal, Speed Handball, Donut Hockey. M. Sutter, Hofmann Publishing



NEW: BURNER AEROBATICS & URBAN AEROBATICS - Creative Inspiration for gymnastics

These teaching materials offer many gymnastics and movement ideas for all age groups and levels - now also outdoors without the need for materials. The course can be booked with an indoor or outdoor focus on request. No previous knowledge is required.

Basic literature: Burner Acrobatics, Burner Urban Acrobatics. Div. a., Hofmann Publishing



NEW: BURNER OUTDOOR ACTION – Attractive PE teaching outdoors

Inspiration for creative and enjoyable outdoor PE classes. Warm-up games, athletics, acrobatics and intensive burner games, easy to organize with little equipment. Allround fit-for-everyone program or individual focus by arrangement.

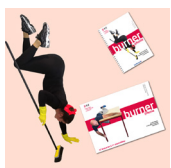
Basic literature: Burner Games, Burner Gladiators, Burner Parkour, Urban Acrobatics



NEW: BURNER INDOOR ACTION – Creative PE teaching

Experience joy of movement and cover both sporting and practical learning objectives with creative warm-up games, ideas for athletics, acrobatics and intensive burner team games. Allround fit-for-everyone program or Individual focus by arrangement.

Basic literature: Burner Games, 3-2-1 Goal, Gladiators, Donut Hockey, Burner Acrobatics



NEW: HOMEWORK IN MOTION AND INDIVIDUAL LEARNING

Warm-up games, athletics and acrobatics challenges that can be completed independently by learners. Ideas, teaching practise and literature for the simple implementation of movement tasks in everyday teaching.

Basic literature: Burner@home, Burner Urban Acrobatics. Div. authors, Hofmann publishing

INDIVIDUAL COURSE OFFERS ON REQUEST

CONTACT
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