

Courses for PE teachers and sports professionals 2026

The Burner Motion course modules are designed for physical education and sports professionals of all genders and age groups. All modules can be customized as needed in consultation with the provider. No specific prior knowledge is required - the courses are suitable for all professionals with a background in education.



BURNER GAMES - Small Games with a huge Fun Factor

Burner Games will get even the biggest "couch potato" off the couch. They are engaging, easy to lead, and highly inclusive - the focus is always on the joy of movement and a positive team experience for everyone. Customized programs available upon request.

Reference materials: Burner Games, Volumes 1–6. M. Sutter, Hofmann Schorndorf Publishing



DONUT HOCKEY - Hockey Fun for Everyone

This exciting hockey game offers action, high-intensity movement, and a wide variety of plays. Beginners can get the hang of it right away and join in, creating a great playing atmosphere in which everyone feels comfortable, even in mixed-ability groups.

Reference materials: Donut Hockey, M. Sutter, Hofmann Schorndorf Publishing



BURNER GLADIATORS - Small Fights for Big Knights

Simple combat games and playful sparring matches, one-on-one and in teams, with or without equipment - developed by MMA expert Andreas Güttner. These proven game ideas for testing strength and fostering social learning can be implemented without prior experience.

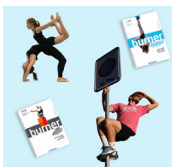
Reference materials: Burner Gladiators. A. Güttner, Hofmann Schorndorf Publishing



BURNER SPEED GAMES - Sports Games - Easy Done

Ideas for a fun and effective approach to sports games. All learning objectives are incorporated into game-based activities—so every step of the learning process is enjoyable, and the skills learned are immediately put to the test and reinforced through practical application.

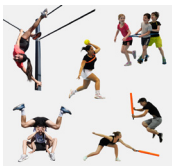
Reference materials: 3-2-1 Goal, Speed Handball, Donut Hockey. M. Sutter, Hofmann Publishing



NEW: BURNER ACROBATICS & URBAN ACROBATICS - Creative Gymnastics Ideas for Everyone

2 teaching resources offering a wide range of gymnastics and movement ideas for all age groups and skill levels. NEW: now available for outdoor use without any need for equipment. No prior gymnastics experience is required.

Reference materials: Burner Acrobatics, Burner Urban Acrobatics. Div. Auth., Hofmann Publishing



NEW: BURNER OUTDOOR ACTION – Attractive PE classes without having a Gym

Inspiration for diverse and fun outdoor physical education classes. Warm-up games, athletic training, acrobatics, and high-energy group games—easy to organize with minimal equipment. Customized focus areas available upon request.

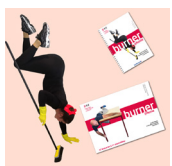
Reference materials: Burner Games, Burner Gladiators, Burner Parkour, Urban Acrobatics



NEW: BURNER INDOOR ACTION – Creative Inspiration for PE teaching, polysportive setup

Experience the joy of movement and achieve both athletic and academic learning goals through creative warm-up games, ideas for athletic training, acrobatics, and intense, high-energy team games. Customized focus areas available upon request.

Reference materials: Burner Games, 3-2-1 Goal, Gladiators, Donut Hockey, Burner Acrobatics



NEW: INTERACTIVE HOMEWORK AND PERSONALIZED LEARNING

Warm-up games, athletic and acrobatic challenges that students can complete on their own. Ideas and resources for easily incorporating physical activities into everyday classroom instruction and homework. Ready-to-go material for practical use in class.

Reference materials: Burner@home, Burner Urban Acrobatics. Various auth., Hofmann Publishing

INDIVIDUAL COURSES ON REQUEST